BETTER DIABETES MANAGEMENT

Glooko is transforming digital health by connecting people with diabetes and related chronic conditions with their healthcare teams, enabling telehealth, clinical research and improved collaboration.

GLOOKO OUTCOMES USING REAL-WORLD DATA

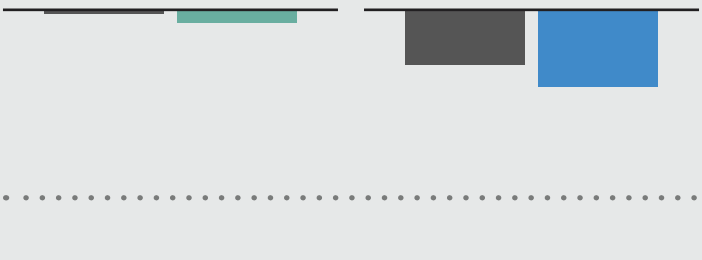
Through multiple studies conducted, we've observed immediate and sustained improvements across multiple glycemic outcomes following remote patient monitoring (RPM). These findings show that RPM provides multiple clinical benefits and improved patient outcomes.

With the COVID-19 pandemic accelerating the shift to RPM, we anticipate an increased use of digital health platforms in the foreseeable future.

Deliver Improved and Sustained Glycemic Control

Reduction in HbA1c[1, 2]

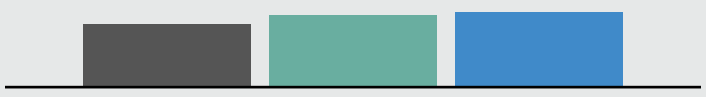
RPM Patients		RPM Patients ≥8.5%	
at 3 months[1]	at 6 months[2]	at 3 months[1]	at 6 months[2]
0.8%	0.82%	1.2%	1.46%



Increased In-Range Blood Glucose[3]

Point increase of % readings in Time-in-Range (TIR) at:

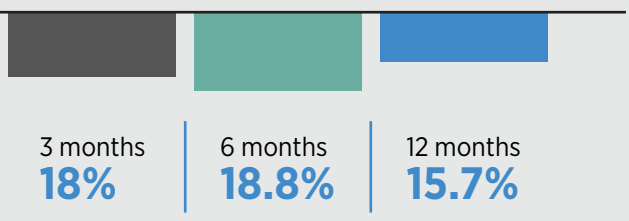
3 months	6 months	12 months
29.4%	29.7%	29.8%



Decreased Average Blood Glucose[3]

Reduction in average BG at:

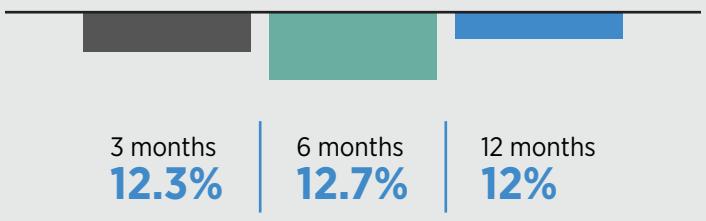
3 months	6 months	12 months
18%	18.8%	15.7%

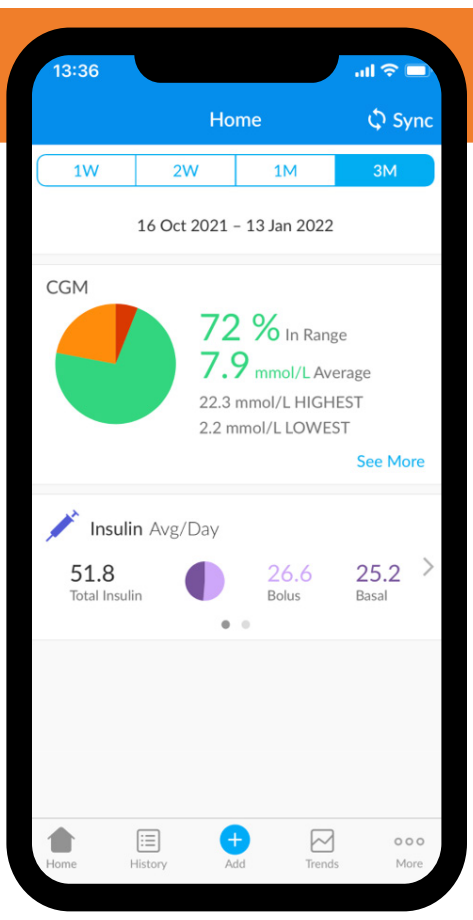


Decreased Hyperglycemia[3]

Point decrease of % readings in hyperglycemia at:

3 months	6 months	12 months
12.3%	12.7%	12%

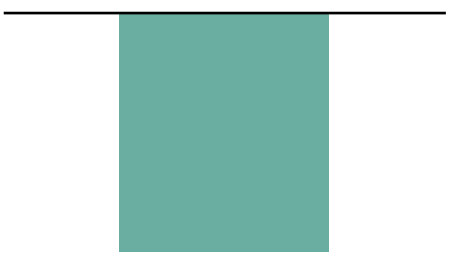




Use of the Glooko® Mobile App Improves Glycemic Outcomes in 2 Months[4]

(3.5%)
6.4mg/dL
drop in average BG

10.7%
drop in hyperglycemia



Use of Glooko mobile app features (food logging[5] and reminders[6]) also improves the above.

After Stopping Glooko Use, Patient Outcomes Decline in 6-8 Weeks[7]

+5
MG/DL Average Increase In Blood Glucose

-1.7%
Decreased In-Range Reading

+3%
Increased Hyperglycemia

1. Sheng T et al. Glycemic Improvements Following Mobile-Enabled Remote Patient Monitoring: A Randomized Control Study, ADA Scientific Sessions, June 2020. **2.** Clements M, Duffee J and McCarther D. Remote patient monitoring for adults with type 2 diabetes. ADCES Research Sessions, August, 2020. **3.** Sheng T, Parks L and Clements M. Remote patient monitoring in the real world: Immediate and long-term improvements in glycemic control. American Association of Diabetes Educators (AADE) Annual Meeting, Houston TX. August, 2019. **4.** Offringa R et al. Digital diabetes management application improves glycemic outcomes in people with type 1 and type 2 diabetes. Journal of diabetes science and technology, 12(3), 701-708. 2018. **5.** Sheng T et al. Mobile-Enabled Food Logging is Associated with Improved Glycemic Management in the Real World. Diabetes Technology Meeting (DTM), 2019. **6.** Abad R et al. Use of mobile-enabled reminders feature is associated with improved behavioral and glycemic outcomes in the real world. American Diabetes Association (ADA), Scientific Sessions, 2019. **7.** Babikian S et al. Deteriorating Glucose Control in Patients with Diabetes after Disengagement from a Mobile Health App. Diabetes Technology Meeting, Poster, 2020.