

SIMPLIFYING DIABETES MANAGEMENT

GLOOKO® OUTCOMES USING REAL-WORLD DATA

Glooko is transforming digital health by strengthening connections between people living with diabetes and their healthcare providers, enhancing efficiency and effectiveness of clinical workflows, driving patient engagement via digital therapeutics, and improving health outcomes.

Through multiple studies, we've observed immediate and sustained improvements across glycemic outcomes following remote patient monitoring (RPM) powered by Glooko. These findings show that Glooko's RPM platform provides a variety of clinical benefits and improved patient outcomes.

Improved and Sustained Glycemic Control



Reduction in HbA1c^{1,2}

RPM Patients

RPM Patients ≥8.5%

at 3 months ¹	at 6 months ²	at 3 months ¹	at 6 months ²
0.8%	0.82%	1.2%	1.46%



Increased In-Range Blood Glucose³

Point increase of % readings in Time-in-Range (TIR) at:

3 months	6 months	12 months
29.4%	29.7%	29.8%



Decreased Average Blood Glucose³

Reduction in average BG at:

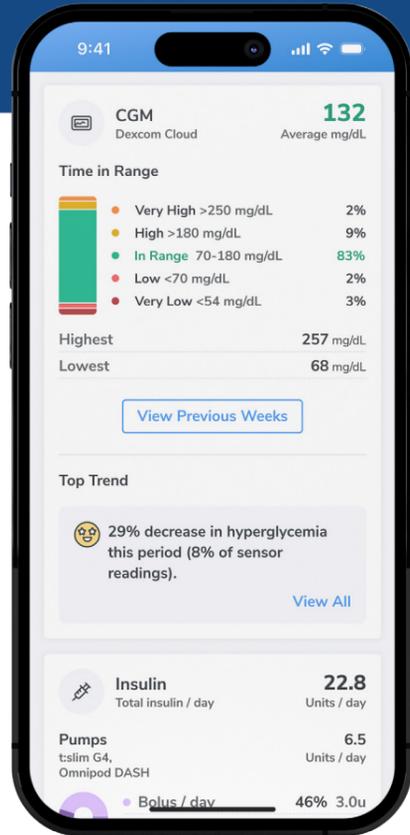
3 months	6 months	12 months
18%	18.8%	15.7%



Decreased Hyperglycemia³

Point decrease of % readings in hyperglycemia at:

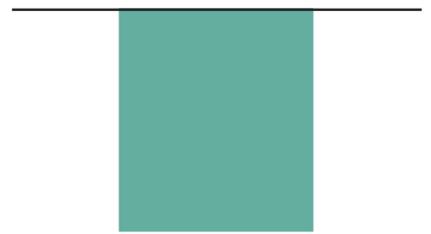
3 months	6 months	12 months
12.3%	12.7%	12%



Use of the Glooko Mobile App improved glycemic outcomes in 2 months⁴

(3.5%)
6.4mg/dL
drop in average BG

10.7%
drop in hyperglycemia



Use of the Glooko Mobile App and its food logging⁵ and reminders⁶ features improved glycemic outcomes in 2 months

After stopping Glooko use, patient outcomes declined and glucose levels rose within 6-8 weeks⁷

+5
MG/DL Average Increase in Blood Glucose

-1.7%
Decreased In-Range Reading

+3%
Increased Hyperglycemia

Explore more benefits of using our connected care platform at [Glooko.com](https://glooko.com).

1. Sheng T et al. Glycemic Improvements Following Mobile-Enabled Remote Patient Monitoring: A Randomized Control Study, ADA Scientific Sessions, June 2020. 2. Clements M, Duffee J and McCarther D. Remote patient monitoring for adults with type 2 diabetes. ADCES Research Sessions, August, 2020. 3. Sheng T, Parks L and Clements M. Remote patient monitoring in the real world: Immediate and long-term improvements in glycemic control. American Association of Diabetes Educators (AADE) Annual Meeting, Houston TX, 2019. 4. Offringa R et al. Digital diabetes management application improves glycemic outcomes in people with type 1 and type 2 diabetes. Journal of diabetes science and technology, 12(3), 701-708. 2018. 5. Sheng T et al. 2019. 6. Abad R et al. Use of mobile-enabled reminders feature is associated with improved behavioral and glycemic outcomes in the real world. American Diabetes Association (ADA), Scientific Sessions, 2019. 7. Babikian S et al. Deteriorating Glucose Control in Patients with Diabetes after Disengagement from a Mobile Health App. Diabetes Technology Meeting, Poster, 2020.